



Analysis of professional practice through the clinical approach as a tool for developing skills at Osteobio

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Osteopathic clinical practice training in France: the development of soft skills in parallel with the referenced hard skills

The clinical approach and the psychoanalytic reference

The PPA (Professional Practice Analysis) plan set up at Ostéobio

Experience feedbacks

French regulatory context

2014 : French regulation

[Referential](#)

French regulatory context

2014 : French regulation

6 hard competencies:

Competencies	Validated	Note validated
conducting interviews and elaborating an osteopathic diagnosis	✓	



French regulatory context

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French regulatory context

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realizing osteopathic treatment	✓	
implementation of intervention strategies	✓	



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French regulatory context

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conducting interviews and elaborating an osteopathic diagnosis	✓	
conducting relations with patient	✓	
realizing osteopathic treatment	✓	
implementation of intervention strategies	✓	
prepare a professional implantation	✓	
manage an office	✓	

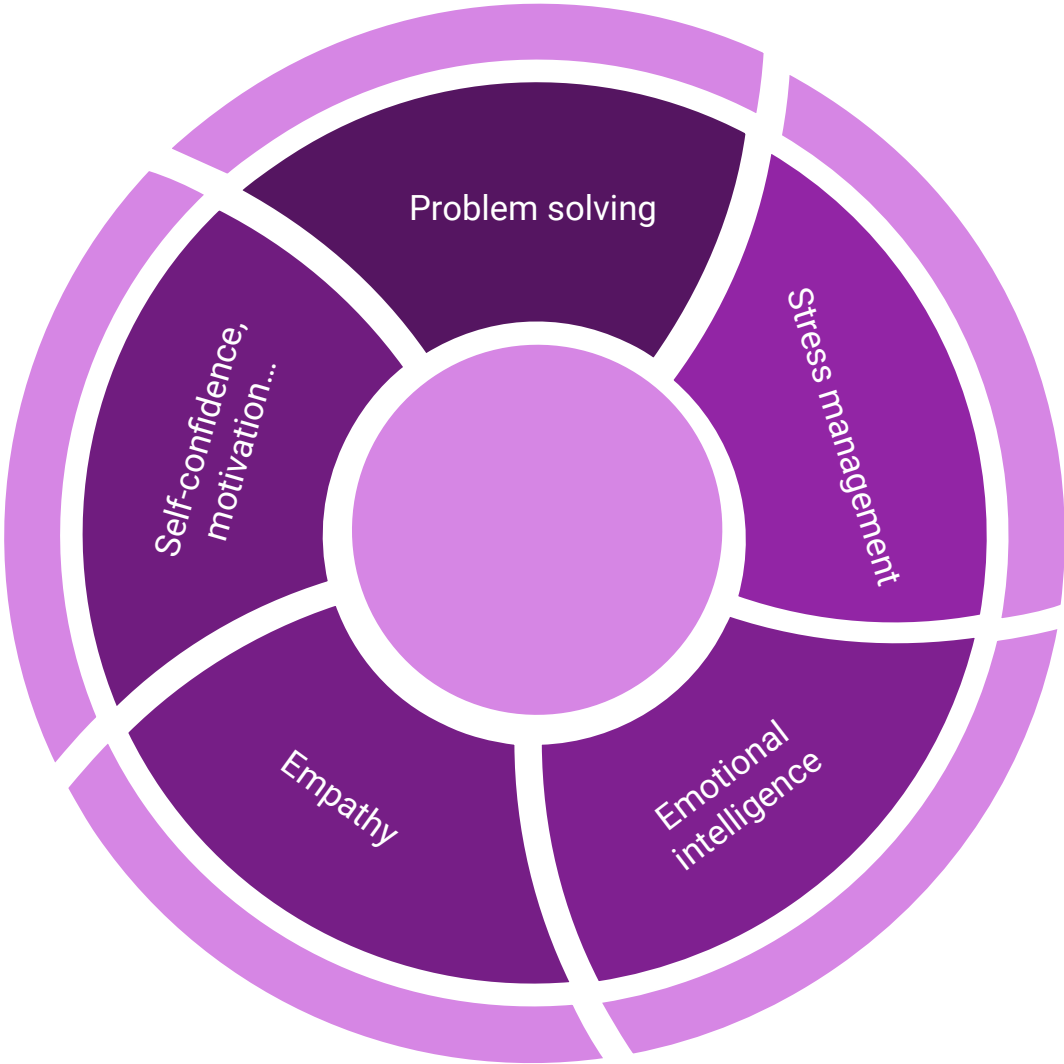


Hard skills and soft skills



Hard skills and soft skills

soft skills ?



Hard skills and soft skills

HOW?

Balint Groups

Michael Balint



- **Born in 1896**
- **Medical Doctor in 1920**
- **Psychanalysis**

Balint Groups

Michael Balint



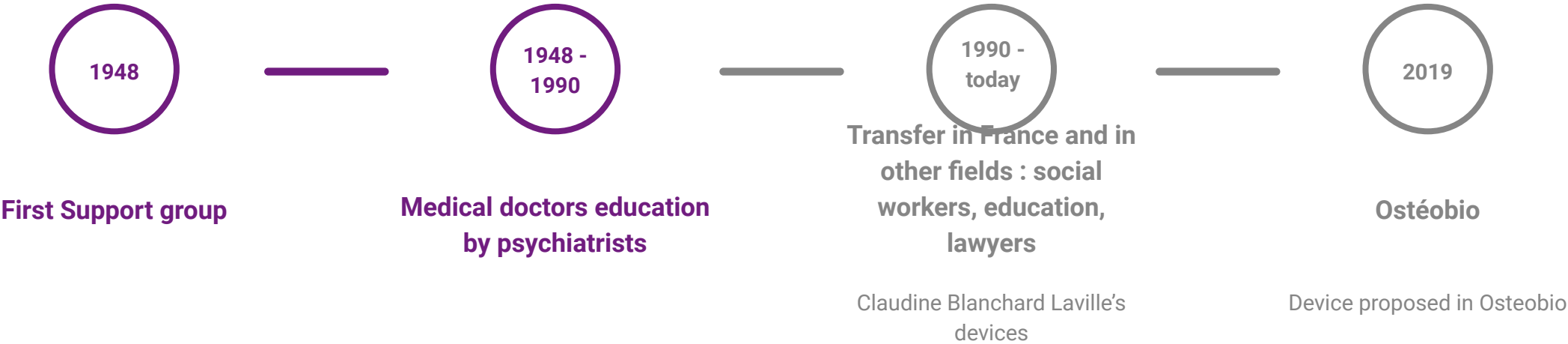
The clinical approach and the psychoanalytic reference

Balint Groups

"the notion that psychotherapy is, above all, not a theoretical understanding, but rather a personal aptitude, has been completely forgotten (...). Psychotherapeutic aptitude acquisition does not simply involve the learning of something new, but it also, inevitably, implies a limited change, though considerable, in practitioner's personality" (p. 317)

The clinical approach and the psychoanalytic reference

Balint Groups towards clinical approach in support groups



The clinical approach and the psychoanalytic reference

A psychoanalytic approach for surprise of a new meaning of the professional



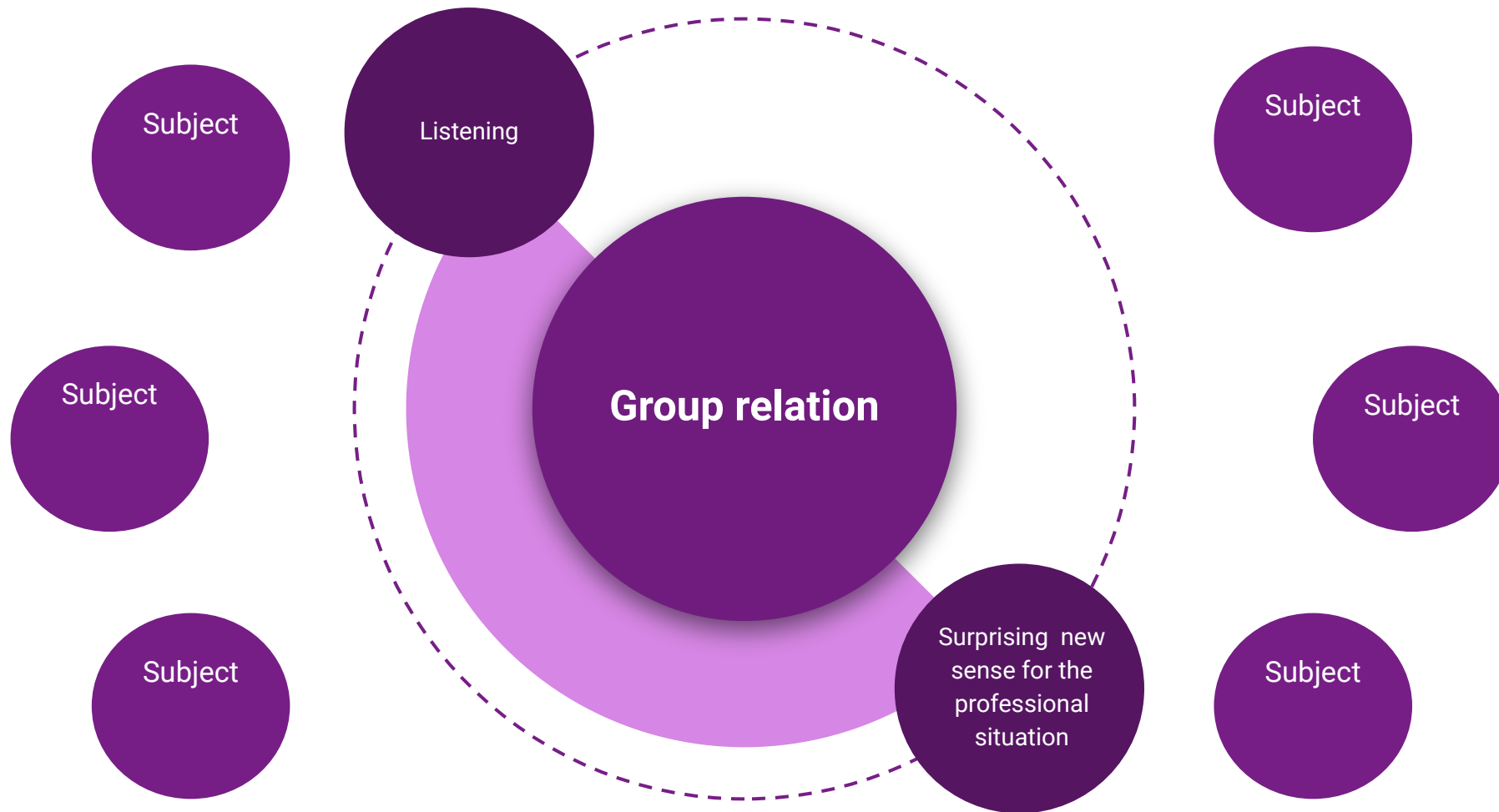
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is not:

- a descending knowledge transmission tool

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is not:

- a descending knowledge transmission tool
- a psychotherapy

The clinical approach and the psychoanalytic reference

A psychoanalytic approach for surprise of a new meaning of the professional

but:

- Physical and psychological feelings are correlated with the professional situation elaborated with the help of the other participants: the future professional subject is working concretely for his becoming.

The clinical approach and the psychoanalytic reference

A psychoanalytic approach for surprise of a new meaning of the professional

but:

- Physical and psychological feelings are correlated with the professional situation elaborated with the help of the other participants: the future professional subject is working concretely for his becoming.
- Question professional knowledge, and personal patterns elaborated since childhood

The clinical approach and the psychoanalytic reference

A psychoanalytic approach for surprise of a new meaning of the professional

The subject:

- describes a professional situation and explains feelings, emotions, experienced during a particular professional situation (questioning)

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- answers details asked by other participants

The clinical approach and the psychoanalytic reference

A psychoanalytic approach for surprise of a new meaning of the professional

The subject:

- describes a professional situation and explains feelings, emotions, experienced during a particular professional situation (questioning)
- answers details asked by other participants
- works with the group about what it happened on a psychological way

The PPA (Professional Practice Analysis) plan set up at Ostéobio

Sessions Program

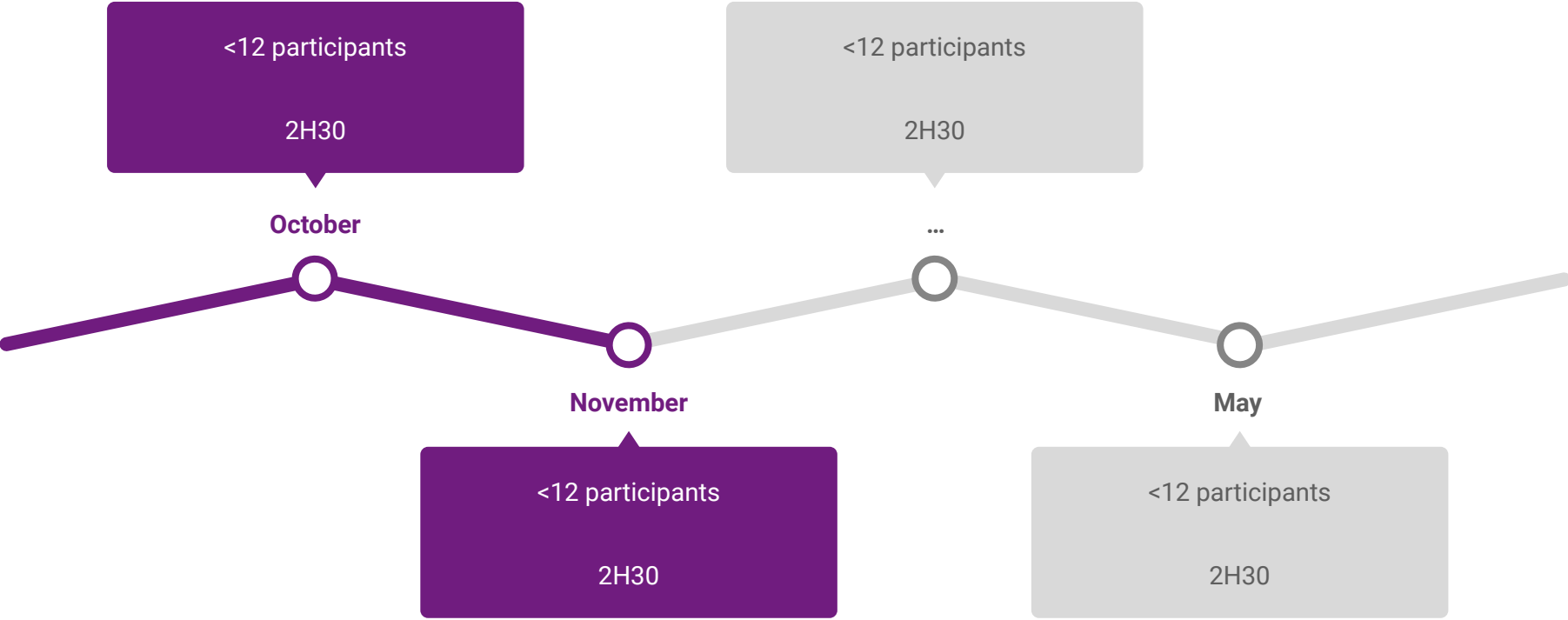
Why this clinical approach in Osteobio?

- **Personal experience**
 - Self reflection
 - Openminded mood
- **Failing observations**
 - Negative judgements and sanctions
 - Difficulties for students with the relationship

The PPA (Professional Practice Analysis) plan set up at Ostéobio

Sessions Program

Sessions Organization : Chronology during the device



The PPA (Professional Practice Analysis) plan set up at Ostéobio

Sessions Program

Sessions Organization : One session

<12 participants, 2H30

2 professional situations exposed

The group in a circle

October



Instruction: talk about a situation in which you felt difficulties, or incomfort

The PPA (Professional Practice Analysis) plan set up at Ostéobio

Sessions Program

Sessions Organization : Chronology during a session



1. Account of the situation
2. Questions on the contextual framing
3. Analysis
4. Feedback

The PPA (Professional Practice Analysis) plan set up at Ostéobio

Sessions Program

Sessions Organization : Framework during a session and the device



1. Commit oneself to deliver
2. No value judgment
3. Commitment up to the end with respect of the group
4. What is said in the group remains in the group

The PPA (Professional Practice Analysis) plan set up at Ostéobio



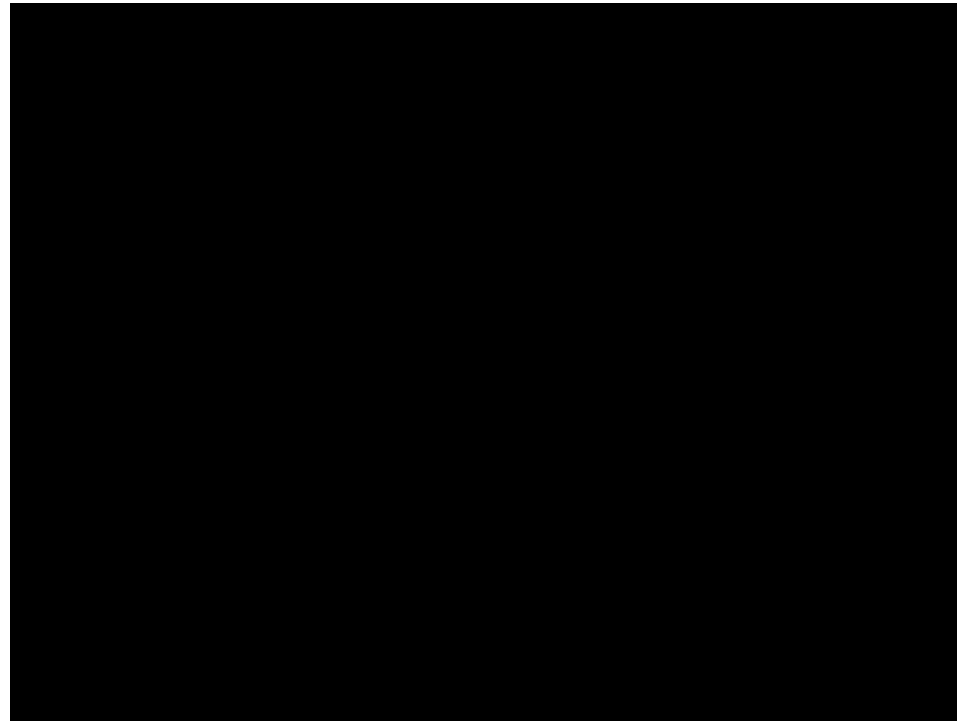
Sessions Program

Specifications:

Volunteers only

The PPA (Professional Practice Analysis) plan set up at Ostéobio

Experiences feedback



The PPA (Professional Practice Analysis) plan set up at Ostéobio

Experiences feedback

Why did you engage in the device?

- “I have especially been influenced by the unusual context: working in a small group with non osteopath facilitators, on a “professional practice feedback” in a different way, a personal way.”



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Experiences feedback

What did the device provide to you?

- “I have had retrospective thinking on my consultations, particularly on the moments I had felt queasy, or tensions in the relationship with the patient.
- It helped me dig deeper into the origin of the emotions we feel during interaction with the patients; and what we then do with it. “



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Experiences feedback

Do you remind any key moment?

- “There were lots of key moments! Each session, when someone opens up to the others and share his own story. It regularly leads to laughs, cries or silences.
- I remember particularly the day I was in charge to deliver my situation. It's always easier to talk about other's feelings than its own.”



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Experiences feedback

Why would you recommend the device?

- “To have a place and a moment dedicated to speak and listen, without judgment, with a framework to be focus.
- Realize that even though situations are different, they echo to each other and enrich everyone by sharing.



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Experiences feedback

How did you feel with the groupal approach ?

- “Work in a group brought me confidence with speaking, sharing private moments and reflections about ideas. We got progressively welded together.
- To my mind, plurality led diversity, discussion, and enriched our understanding of professional situations.”

