

8<sup>th</sup> “*Open Forum for Osteopathic Education*” Conference

29<sup>th</sup> & 30<sup>th</sup> September 2022

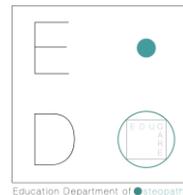


# TEACHING CLINICAL COMPETENCIES

Antwerp, Belgium

## Redesign a practical osteopathic course using descriptive grids and Peyton's approach

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EST. 1891



# INTRODUCTION

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## Gen Z Students

- Want to be involved during the lecture and work with their teachers
- Like to collaborate with their peers and share feedback with them
- Love to use technology during a lecture and interact through it
- Need to be motivated before learning something new

(Chicca and Shellenbarger, 2018)



# FIRST LECTURE

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## PRESENTATION

- Teaching team presentation
- Course introduction and its role in the academic curriculum
- Icebreaker students' presentation: students interview each other (3') and then report to the class what they've learnt (30").





# FIRST LECTURE

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## METHODS, GOALS, RULES

- Teaching strategies
- Formative assessments
- Final exam
- Expected learning outcomes
- Rules during lessons



# TEACHING STRATEGIES

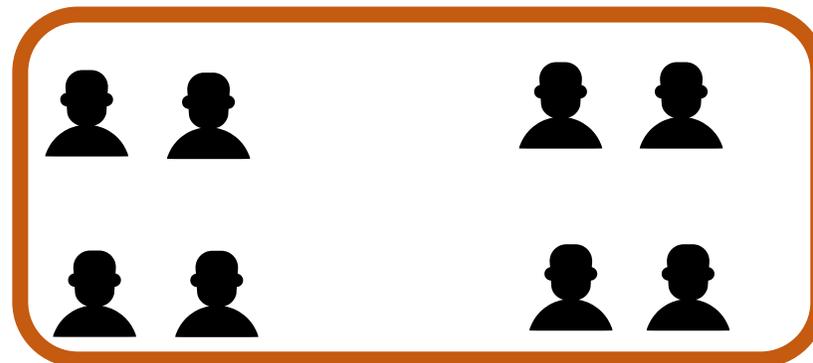
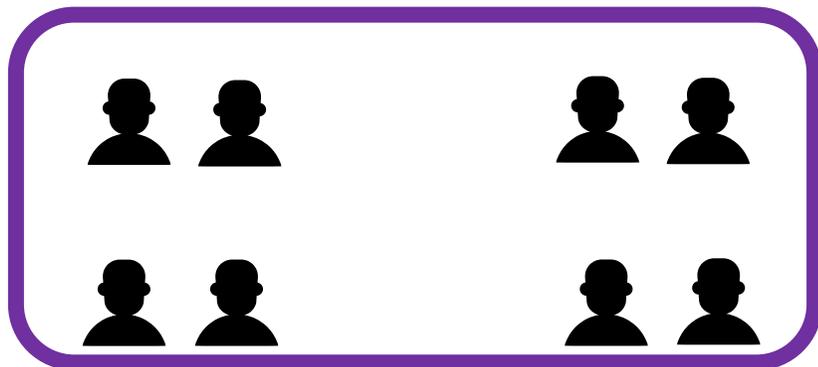
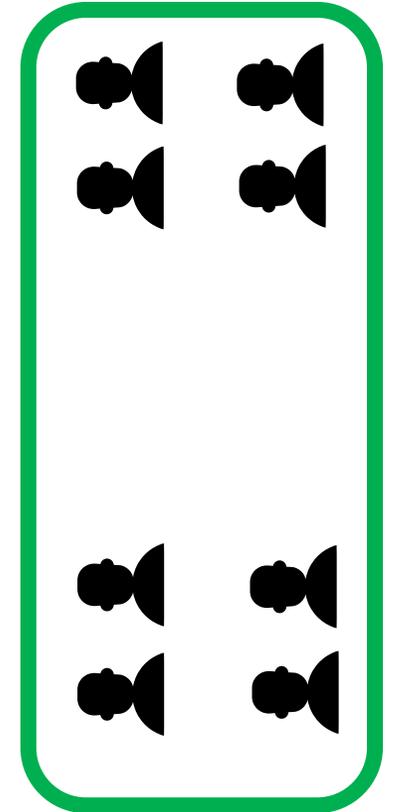
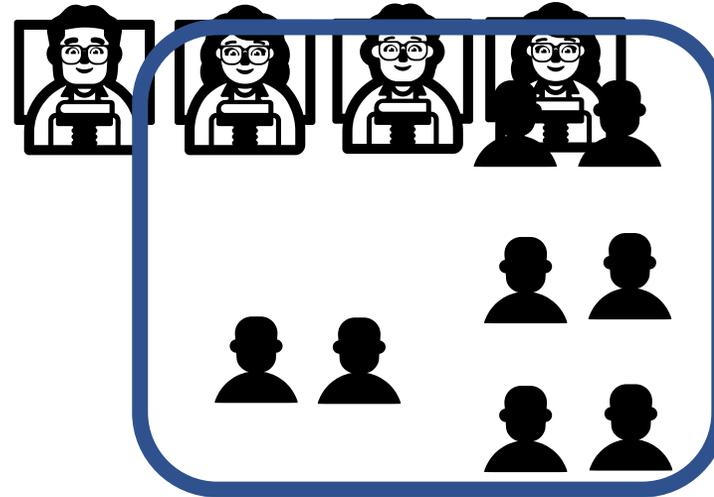
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- Theoretical knowledge - mini lectures
- Practical skills - Peyton's 4-step teaching approach

(Giacomino et al., 2020; Hulls and Rennick, 2017; Shatto and Erwin, 2016)

# CLASS SETTING

- Small practice groups
- Modified Peyton's approach
- Atmosphere with soft music



(Nikendei et al., 2014)

<b>Articulatory Technique: Hip Joint</b>	
<b>The osteopath positions the patient correctly</b>	<ul style="list-style-type: none"> <li>● The patient is placed supine.</li> <li>● The patient has the knee and hip flexed beyond 90° with the foot not resting on the table.</li> <li>● The patient's arms are placed along his sides.</li> <li>● In case of need, taking into account the constitution of the patient and the osteopath:               <ul style="list-style-type: none"> <li>○ the patient remains at the center of the bed;</li> <li>○ the patient is moved to the side of the osteopath.</li> </ul> </li> </ul>
<b>The osteopath positions the table at the correct height</b>	<ul style="list-style-type: none"> <li>● The table must be at a height such that the patient's bent leg is level with the operator's jugular notch.</li> </ul>
<b>The osteopath positions himself properly related to the patient</b>	<ul style="list-style-type: none"> <li>● The osteopath positions himself homolaterally to the hip to be treated.</li> <li>● The osteopath positions himself with the cranial leg bent and the caudal leg extended.</li> <li>● The osteopath unloads the weight on the edge of the table via the lateral edge of the caudal thigh and the medial edge of the cranial thigh.</li> </ul>
<b>The osteopath adequately searches for the landmarks</b>	<ul style="list-style-type: none"> <li>● With the cranial hand, he monitors the joint by resting at the trochanteric level respectively with the thumb on the anterior face and the other fingers on the posterior face.</li> <li>● The caudal arm wraps the patient's lower limb so that: the patient's knee is anterior to the osteopath's shoulder, the operator's forearm medially contacts the thigh and leg. the operator's hand grasps the distal third of the femur.</li> </ul>

<p><b>Osteopath applies correct force vectors</b></p>	<ul style="list-style-type: none"> <li>• The cranial hand monitors movement at the level of the greater trochanter.</li> <li>• The caudal hand brings the ipsilateral leg into Flexion + ABD + ER and executes ER movements without returning to neutrality.</li> </ul>
<p><b>The osteopath manages his body correctly during the execution of the technique</b></p>	<ul style="list-style-type: none"> <li>• . The previous force vectors are generated by twisting the operator's torso.</li> </ul>
<p><b>The osteopath applies force with the correct rhythm, amplitude and fluidity</b></p>	<ul style="list-style-type: none"> <li>• The osteopath applies force vectors with increasing amplitude.</li> <li>• The osteopath maintains a constant rhythm in a cyclical manner.</li> <li>• The osteopath performs the technique without interruption or sudden changes in rhythm.</li> <li>• The osteopath requires constant feedback on the patient's perception (pain or discomfort).</li> </ul>
<p><b>Osteopath brings patient back to neutral position</b></p>	<ul style="list-style-type: none"> <li>• Osteopath brings the patient back to a neutral position safely.</li> </ul>



# EXAM

## SUMMATIVE GRIDS

<b>TEST MOBIL. PASSIVA</b>	--	-	+	++	<b>Score</b>
Posizione del paziente	0	2	4	6	6
Altezza del lettino	0	3	6	9	6
Posizione dell'operatore	0	3	6	9	9
Punti di repere	0	3	6	9	9
Vettori di forza	0	2	4	6	4
Intensità della forza	0	1	2	3	2
Riporta in posizione neutra	0	1	2	3	3
Safety sì/no			Score totale:		39
<b>Punteggio totale su 13:</b>					<b>11,27</b>

<b>SOFT TISSUE</b>	--	-	+	++	<b>Score</b>
Posizione del paziente	0	2	4	6	6
Altezza del lettino	0	3	6	9	9
Posizione dell'operatore	0	3	6	9	9
Punti di repere	0	3	6	9	9
Vettori di forza	0	2	4	6	6
Uso del proprio corpo	0	3	6	9	9
Intensità della forza	0	2	4	6	6
Forza con cadenza ritmica	0	2	4	6	6
Riporta in posizione neutra	0	1	2	3	3
Safety sì/no			Score totale:		63
<b>Punteggio totale su 13:</b>					<b>13</b>

<b>GOT</b>	--	-	+	++	<b>Score</b>
Posizione del paziente	0	2	4	6	6
Altezza del lettino	0	2	4	6	6
Posizione dell'operatore	0	3	6	9	6
Punti di repere	0	3	6	9	9
Vettori di forza	0	2	4	6	6
Uso del proprio corpo	0	3	6	9	3
Ritmo, ampiezza, fluidità	0	2	4	6	4
Riporta in posizione neutra	0	1	2	3	3
Safety sì/no			Score totale:		43
<b>Punteggio totale su 13:</b>					<b>10,35</b>

<b>DIAFRAMMA</b>	--	-	+	++	<b>Score</b>
Posizione del paziente	0	2	4	6	4
Altezza del lettino	0	2	4	6	4
Posizione dell'operatore	0	3	6	9	3
Punti di repere	0	3	6	9	6
Vettori di forza	0	2	4	6	6
Uso del proprio corpo	0	3	6	9	9
Mantine/incrementa parametri	0	2	4	6	6
Riporta in posizione neutra	0	1	2	3	3
Safety sì/no			Score totale:		41
<b>Punteggio totale su 11:</b>					<b>8,352</b>

# EXAME

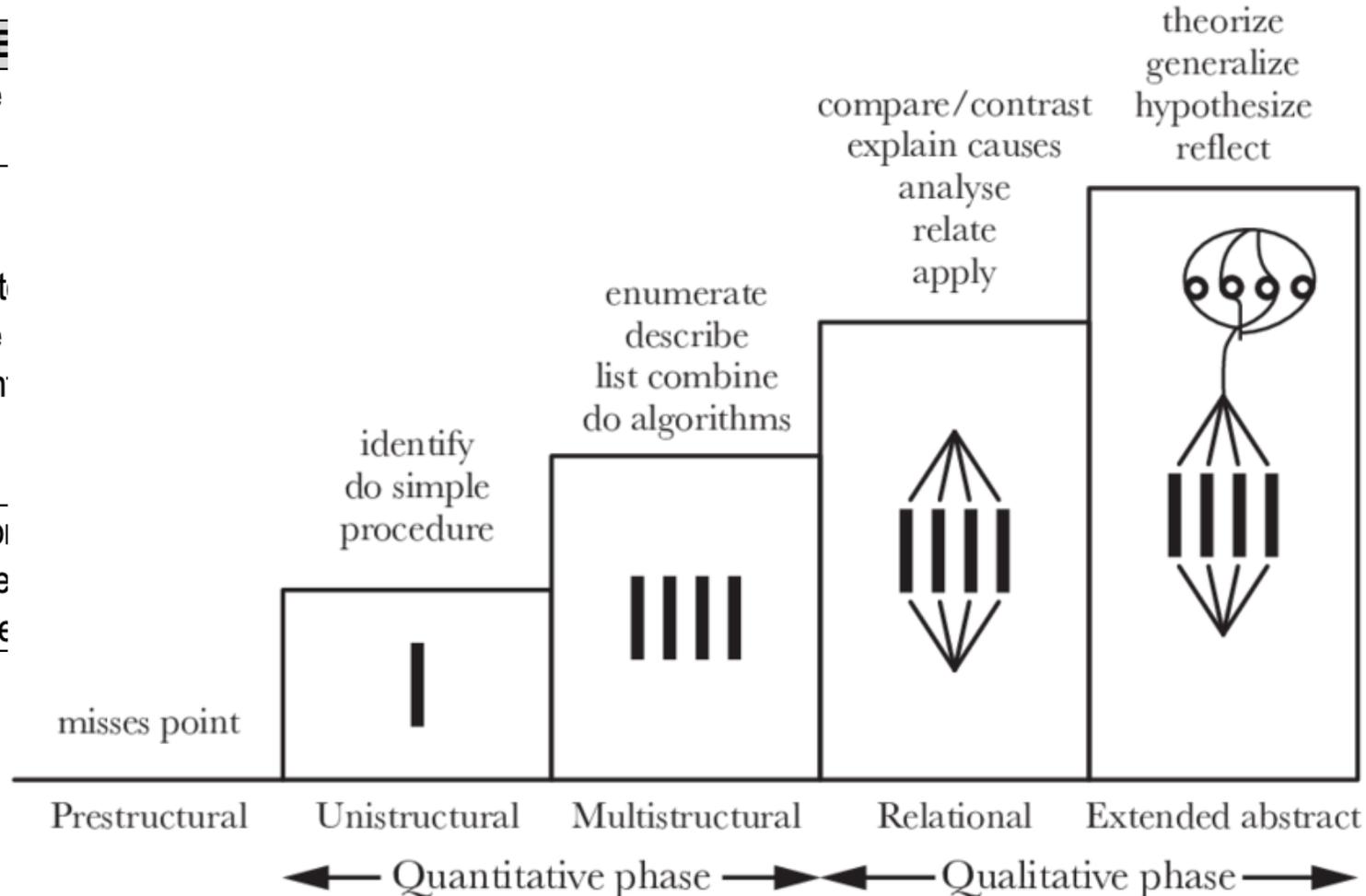
## EXAME MODALITIES

### ESAME OE

Osservazione  
attivi

Precisione t  
palpazione e  
del pazien

Comprensio  
applicazione  
concetti oste



	--	-	+	++	Score
	0	1	1	2	
	0	1	1	2	
	0	2	4	6	
	0	1	2	3	
	0	2	4	6	
	0	2	4	6	
	0	1	2	3	
	0	1	1	2	
	-20	0	0	0	
	0	2	4	6	
	0	3	6	9	
	0	3	6	9	
Score totale:					0
Punteggio totale su 30:					0

(Biggs and Tang, 2011)



## FEEDBACK

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- How interesting did you find the course?
- Did you find the workload related to the course acceptable?
- Was the time dedicated to the practical part adequate?
- How would you rate the supporting educational material?
- How does the teacher behave with the students?
- Does the teacher facilitate learning and stimulate interest about the different topics?
- Do you have any suggestion to improve the course quality?



## REFERENCES

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