

6th “Open Forum for Osteopathic Education” Conference



18th & 19th October 2018 - Lyon, France

TEACHING OSTEOPATHIC DIAGNOSTICS

Osteopathic clinical reasoning development.

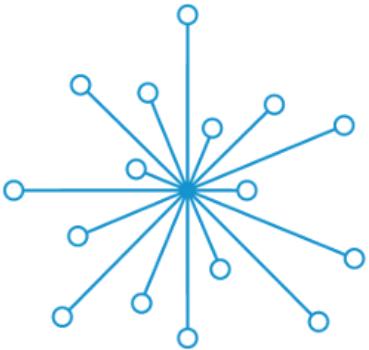
Mapping an integrated, spiral, competencies' based, osteopathic undergraduate curriculum to identify educational challenges and strategies.

The Istituto Superiore di Osteopatia's experience.



Matteo Turinotto, M.Sc. Ost., Pg.Cert. Edu., DO.





ISO ISTITUTO
SUPERIORE
OSTEOPATIA

Bachelor of Science in Osteopathy
(not practising)

Master of Science in Osteopathy

T1 Osteopathic Course; OMS Compliant
3 + 2 structure; Bologna Process Compliant
Validated by New Buckinghamshire University



bucks
new university

Formative Aims

Bachelor of Science in Osteopathy (not practising)

The main educational aims of the 3-year BSc programme are to:

- Promote the principles, philosophy, scope of practice and the evidence base related to the field of osteopathy and
- Foster an environment in which the student progresses to become safe and competent in performing a basic osteopathic assessment and in executing a range of osteopathic techniques following a treatment rationale, under the supervision of a clinical tutor

Master of Science in Osteopathy

The main educational aims of the MSc programme are to:

- Provide the student with the skills to practice as an autonomous osteopathic practitioner utilising the current best practice in a safe, competent, accountable and professional manner, meeting nationally and internationally agreed standards.
- Foster the commitment to continuing self-reflection and professional development with a critical awareness of the ethical and legal issues related to the discipline.

Formative Aims

Bachelor of Science in Osteopathy (not practising)

The main educational aims of the 3-year BSc programme are to:

- Promote the **principles, philosophy, scope** of practice and the **evidence base** related to the field of **osteopathy** and
- Foster an environment in which the student progresses to **become safe and competent** in performing a **basic osteopathic assessment** and in executing a range of **osteopathic techniques** following a **treatment rationale, under the supervision** of a clinical tutor

Master of Science in Osteopathy

The main educational aims of the MSc programme are to:

- Provide the student with the skills to **practice as an autonomous osteopathic practitioner** utilising the **current best practice** in a safe, competent, accountable and professional manner, meeting nationally and internationally agreed standards.
- Foster the **commitment to continuing self-reflection and professional development** with a **critical awareness of the ethical and legal issues related** to the discipline.

Bachelor of Science in Osteopathy (not practising)

YEAR 1

LEV 4

YEAR 2

LEV 5

YEAR 3

LEV 6

Master of Science in Osteopathy

YEAR 4

LEV 7

YEAR 5

LEV 7

Competencies Based

A. Knowledge and Understanding

B. Intellectual and Cognitive Skills

C. Practical Skills

D. Key and Transferable Skills



Bachelor of Science in Osteopathy (not practicing)

A. Knowledge and Understanding

A1 Demonstrate an in depth understanding of human structure and function and their integrated nature.

A2 Apply this knowledge to demonstrate how they can be compromised in abnormal and pathological conditions.

A3 Demonstrate an informed understanding of the physiological basis, therapeutic indications as well as contraindications of a range of osteopathic techniques.

B3 Demonstrate decision making skills to solve problems using techniques which are at the forefront of the discipline.

B2 Critically evaluate various types of information and evidence, and understand research methodologies, with the ability to critically read and evaluate.

C2 Conduct a physical examination and interpret the clinical signs to inform their differential diagnosis..

Competencies

C3 Take responsibility for referral for osteopathic treatment, being able to deal with complex and unpredictable circumstances and reach an osteopathic differential diagnosis, responding to information acquired by both verbal and non verbal means.

C4 Form an osteopathic treatment plan that includes consideration of prognosis and prophylaxis, for patients with standard osteopathic conditions.

training in order to provide safe and effective osteopathic treatment.

D. Key and Transferable Skills

D1 Demonstrate effective communication with patients, service users and other healthcare professional..

D2 Demonstrate a simulated operator-client/patient relationship in an appropriate professional and ethical manner.

D3 Manage time, prioritise workloads, and recognise and deal with personal emotions and stress.

D4 Utilise up-to-date information and communication technology.

D5 Critically review the own progress in practical training and respond positively to tutor feedback.

Master of Science in Osteopathy

A. Knowledge and Understanding

A1 Demonstrate detailed knowledge of the musculoskeletal and biomechanical, nervous, fascial, visceral and cranial systems of the human body, the integrated nature of their structure and function, and how they can be compromised in abnormal and pathological conditions of a complex nature

A2 Demonstrate detailed knowledge of the physiology of the human body and the principles of therapeutics of broad range of osteopathic techniques.

A1 Demonstrate detailed knowledge of the musculoskeletal and biomechanical, nervous, fascial, visceral and cranial systems of the human body, the integrated nature of their structure and function, and how they can be compromised in abnormal and pathological conditions of a complex nature

B2 Critically evaluate current research and methods, review data and evaluate outcomes of clinical interventions, in order to propose new hypotheses

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C1 Take, record and interpret a case history and effectively communicate relevant findings to colleagues and other health care professionals.

C. Practical Skills

C2 Conduct a physical exami. using accepted osteopathic and orthodox procedures of observation, testing and palpation, and interpret the findings.

C3 Reach an osteopathic differential diagnosis, responding to information acquired by both verbal and non-verbal means

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C5 Perform and integrate with a high level of skill and effectiveness a broad range of manual techniques, ranging from soft-tissue and tissue release type techniques to articulation and high velocity/low thrust techniques to cranial and visceral correction and normalisation techniques.

D3 Manage time, prioritise workloads, recognise and deal with personal emotions and stress and demonstrate decision making in complex and unpredictable situations

D2 Conduct an operator-client/patient relationship in a professional manner, demonstrating a critical awareness of ethical and legal issues.

D3 Manage time, prioritise workloads, recognise and deal with personal emotions and stress and demonstrate decision making in complex and unpredictable situations

D4 Utilise up-to-date information and communication technology.

D5 Critically review one's own clinical experience in order to recognise and understand success or failure, demonstrating autonomy in taking appropriate steps towards improvement, and the independent learning ability required for continuing professional development.

YEAR 1

OS401	Scienze di base/mediche 1A: BIOSCIENZE A
OS401B	Scienze di base/mediche 1A: BIOSCIENZE B
OS402	Scienze di base/mediche 1B: STRUTTURA & FUNZIONE I-A (ANATOMIA)
OS403	Scienze di base/mediche 1C: STRUTTURA & FUNZIONE I-B
OS403B	Scienze di base/mediche 1D: STRUTTURA & FUNZIONE I-C
OS404	Studi osteopatici 1: ABILITA' & CONOSCENZE OSTEOPATICHE I

YEAR 2

OS501	Scienze di base/mediche 2A: STRUTTURA & FUNZIONE II
OS502	Scienze di base/mediche 2B: ELEMENTI di MEDICINA & di CLINICA I
OS503	Studi osteopatici 2A: MOVIMENTO VOLONTARIO I
OS504	Studi osteopatici 2B: MOVIMENTO INVOLONTARIO I
OS505	Studi osteopatici 2C: ABILITA' & CONOSCENZE OSTEOPATICHE II

YEAR 3

OS601	Scienze di base/mediche 3A: STRUTTURA & FUNZIONE III
OS602	Scienze di base/mediche 3B: ELEMENTI di MEDICINA & di CLINICA II
OS603	Ricerca 3: ANALISI & INDAGINE CRITICA
OS604	Studi osteopatici 3A: MOVIMENTO VOLONTARIO II
OS605	Studi osteopatici 3B: MOVIMENTO INVOLONTARIO II
OS606	Studi osteopatici 3C: INTRODUZIONE AL LAVORO CON PAZIENTI

YEAR 4

OS701	Scienze di base/mediche 4: ELEMENTI AVANZATI DI CLINICA
OS702	Studi osteopatici 4A: ABILITA' OST. APPLICATE (MOVIMENTO VOLONTARIO)
OS703	Studi osteopatici 4B: ABILITA' OST. APPLICATE (MOVIMENTO INVOLONTARIO)
OS704	Studi osteopatici 4C: MODELLI OSTEOPATICI ED EVIDENZA
OS705	Ricerca 4: PROTOCOLLO DI RICERCA
OS706	Tirocinio 4: PRATICA CLINICA SUPERVISIONATA

YEAR 5

OS707	Studi osteopatici 5A: ABILITA' OST. INTEGRATE
OS708	Studi osteopatici 5B: MULTI- DISCIPLINARY PATIENT MANAGEMENT
OS709	Ricerca 5: TESI
OS710	Tirocinio 5A: DIVENTARE UN PROFESSIONISTA AUTONOMO
OS711	Tirocinio 5B: PRATICA CLINICA SUPERVISIONATA AVANZATA

Bachelor of Science in Osteopathy (not practicing)

Master of Science in Osteopathy

Med/Bio - Science

Osteopathic Studies

Research

Clinical Training

OS401

Scienze di base/mediche 1A:
BIOSCIENZE A

OS401B

Scienze di base/mediche 1A:
BIOSCIENZE B

OS402

Scienze di base/mediche 1B:
STRUTTURA & FUNZIONE I-A
(ANATOMIA)

OS403

Scienze di base/mediche 1C:
STRUTTURA & FUNZIONE I-B

OS403B

Scienze di base/mediche 1D:
STRUTTURA & FUNZIONE I-C

OS404

Studi osteopatici 1: ABILITA' &
CONOSCENZE OSTEOPATICHE I

OS501

Scienze di base/mediche 2A:
STRUTTURA & FUNZIONE II

OS502

Scienze di base/mediche 2B: ELEMENTI
di MEDICINA & di CLINICA I

OS503

Studi osteopatici 2A: MOVIMENTO
VOLONTARIO I

OS504

Studi osteopatici 2B: MOVIMENTO
INVOLONTARIO I

OS505

Studi osteopatici 2C: ABILITA' &
CONOSCENZE OSTEOPATICHE II

OS601

Scienze di base/mediche 3A:
STRUTTURA & FUNZIONE III

OS602

Scienze di base/mediche 3B: ELEMENTI
di MEDICINA & di CLINICA II

OS603

Studi osteopatici 3C: INTRODUZIONE
AL LAVORO CON PAZIENTI

OS604

Studi osteopatici 3A: MOVIMENTO
VOLONTARIO II

OS605

Studi osteopatici 3B: MOVIMENTO
INVOLONTARIO II

OS606

Ricerca 3: ANALISI & INDAGINE
CRITICA

OS701

Scienze di base/mediche 4: ELEMENTI
AVANZATI DI CLINICA

OS702

Studi osteopatici 4A: ABILITA' OST.
APPLICATE (MOVIMENTO
VOLONTARIO)

OS703

Studi osteopatici 4B: ABILITA' OST.
APPLICATE (MOVIMENTO
INVOLONTARIO)

OS704

Studi osteopatici 4C: MODELLI
OSTEOPATICI ED EVIDENZA

OS705

Ricerca 4: PROTOCOLLO DI RICERCA

OS706

Tirocinio 4: PRATICA CLINICA
SUPERVISIONATA

OS707

Studi osteopatici 5A: ABILITA' OST.
INTEGRATE

OS708

Studi osteopatici 5B: MULTI-
DISCIPLINARY PATIENT MANAGEMENT

OS709

Ricerca 5: TESI

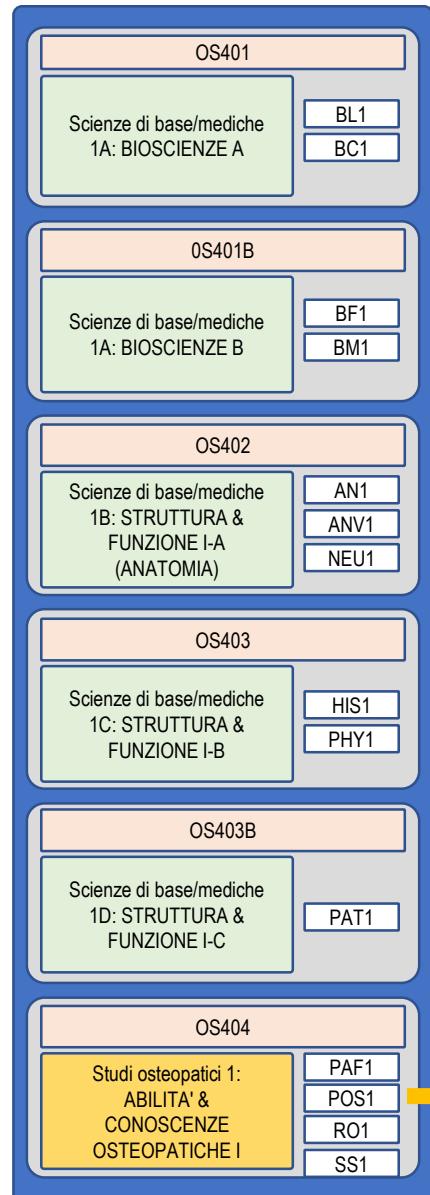
OS710

Tirocinio 5A: DIVENTARE UN
PROFESSIONISTA AUTONOMO

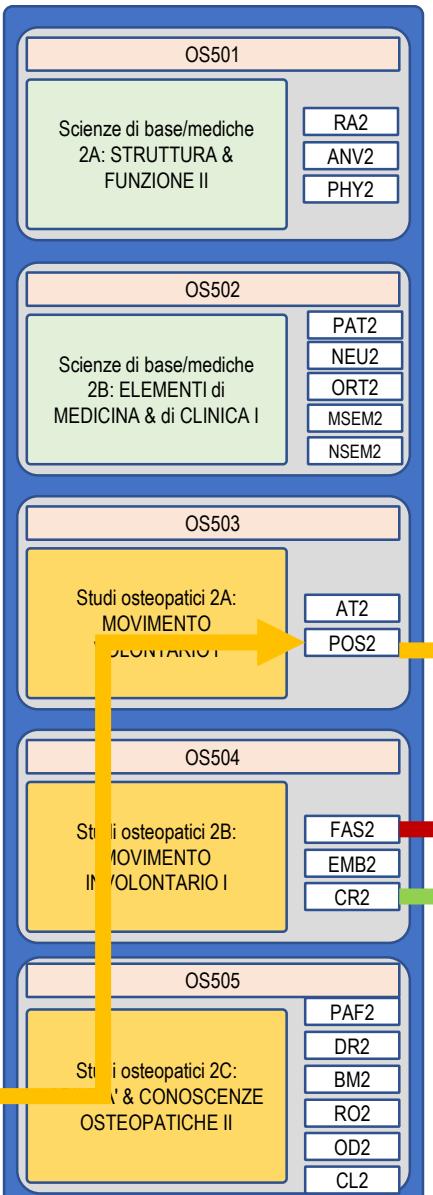
OS711

Tirocinio 5B: PRATICA CLINICA
SUPERVISIONATA AVANZATA

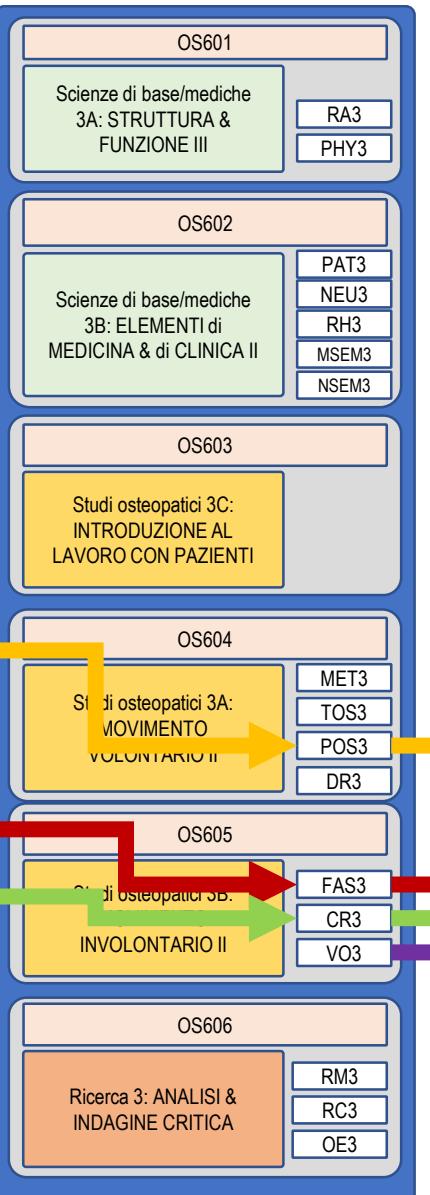
Med/Bio - Science



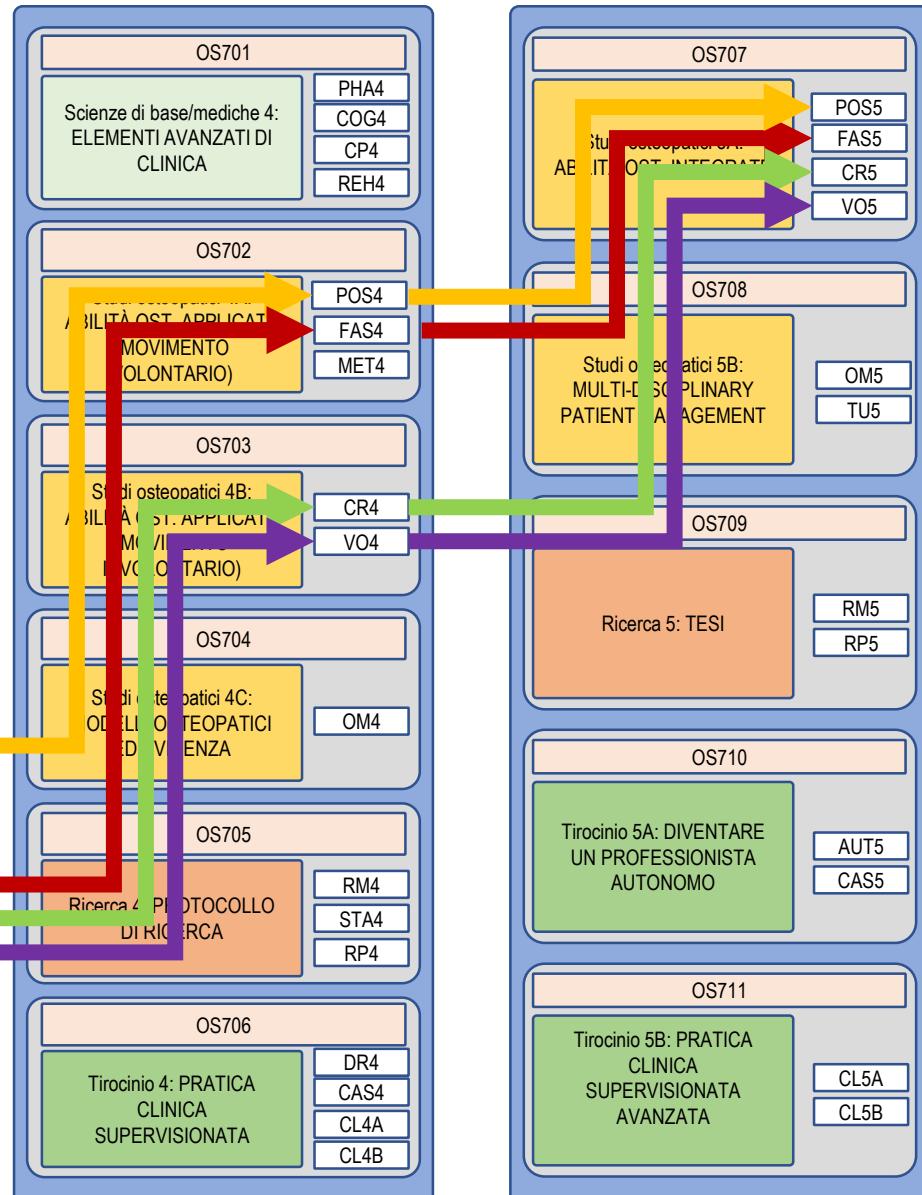
Osteopathic Studies



Research



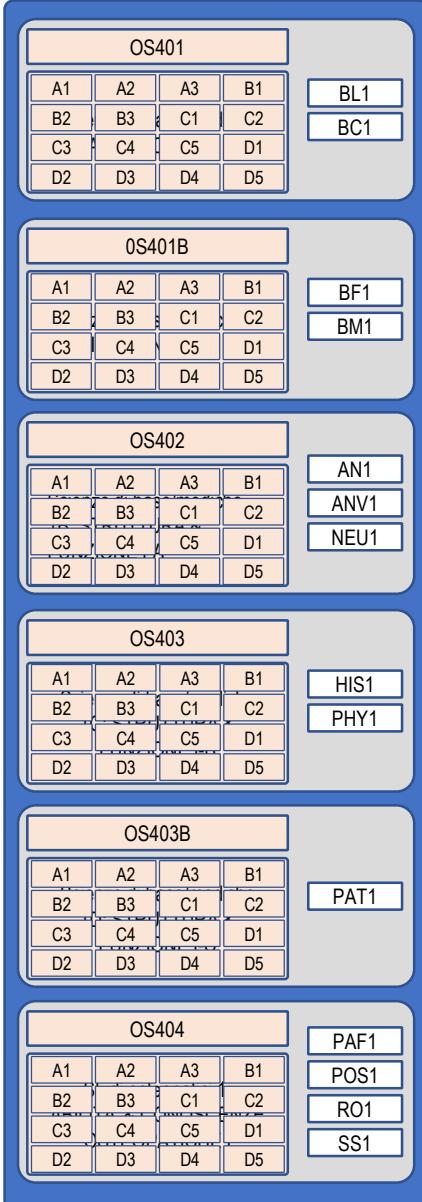
Clinical Training



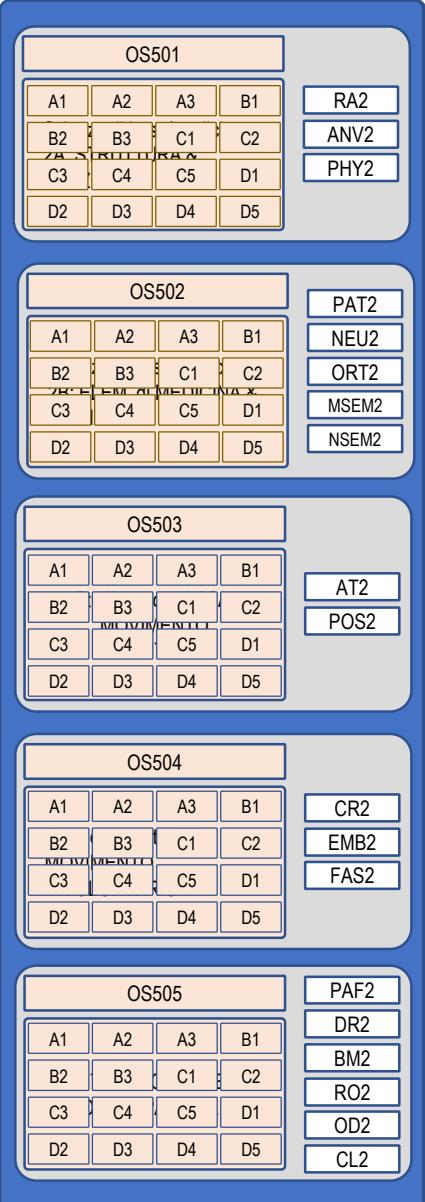
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Master Science in Osteopathy

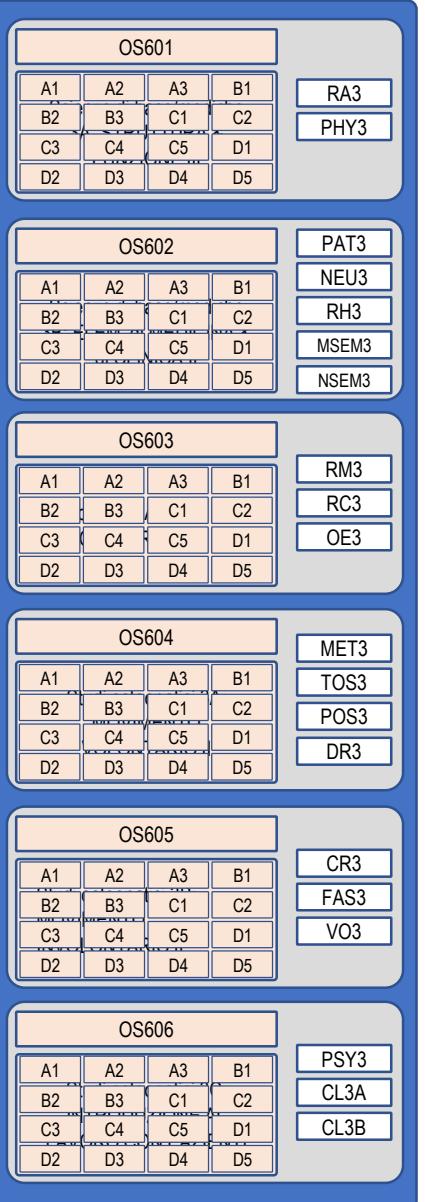
YEAR 1



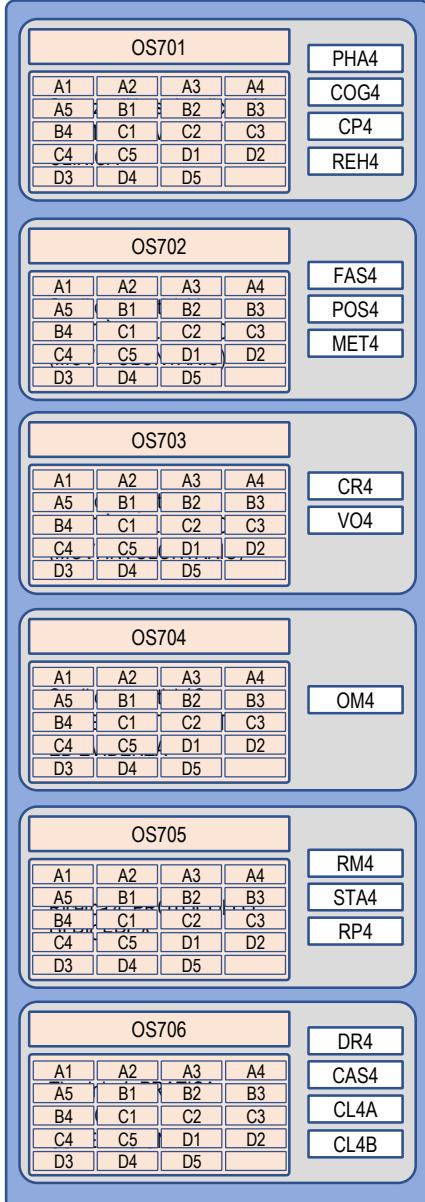
YEAR 2



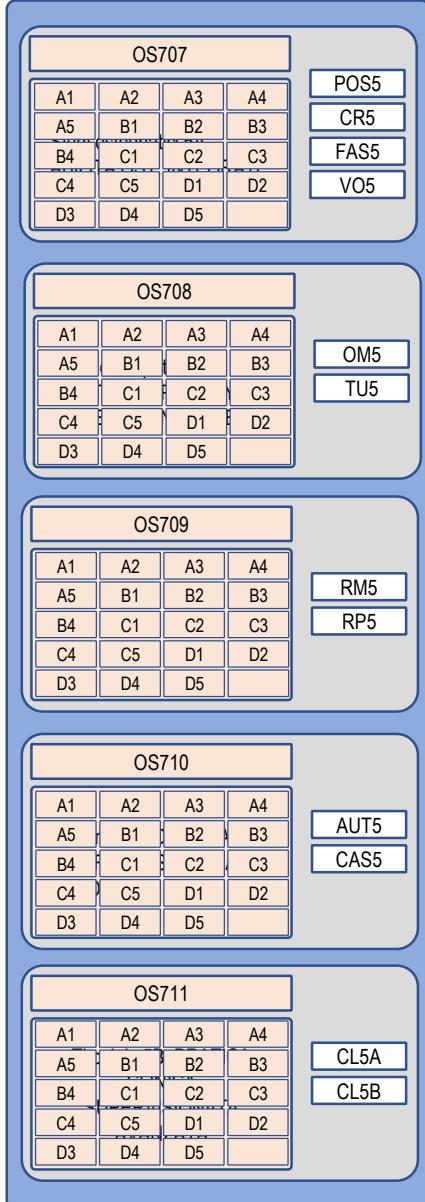
YEAR 3



YEAR 4



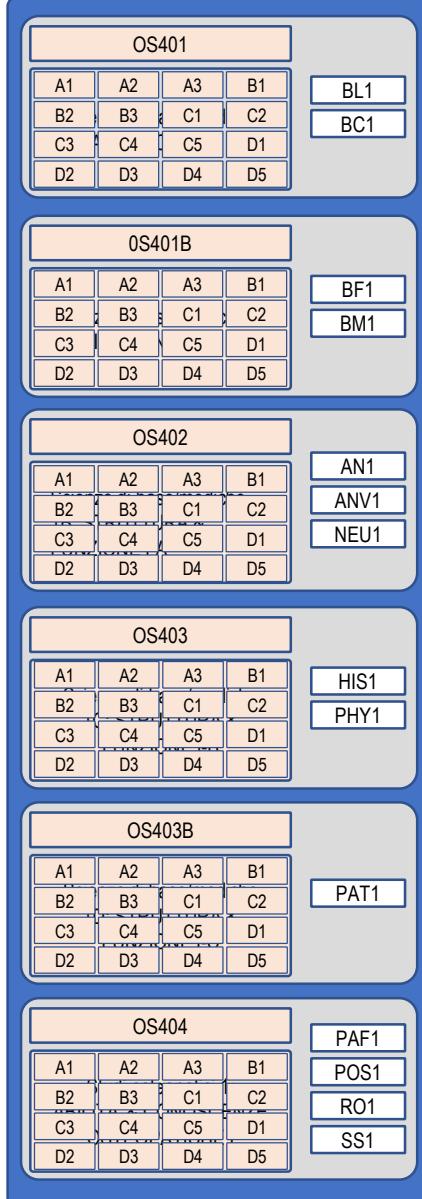
YEAR 5



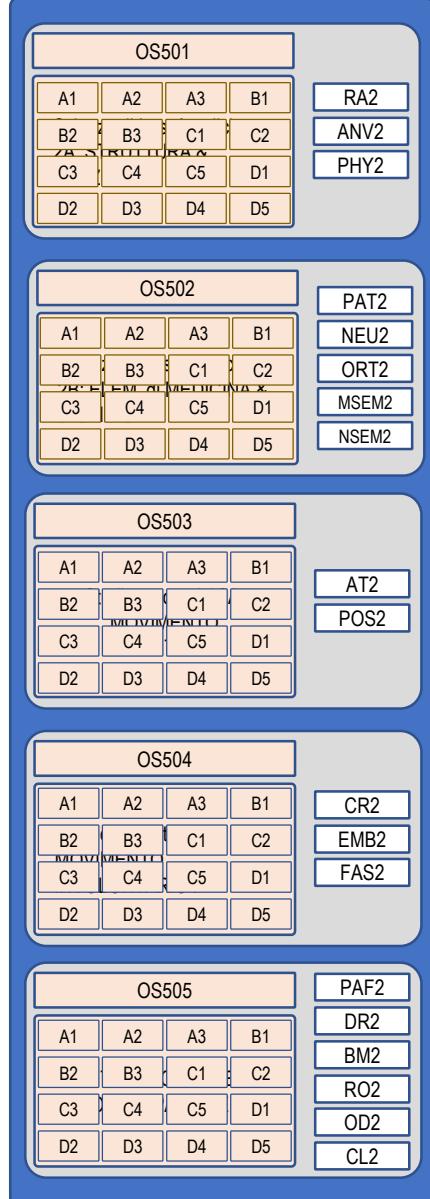
Bachelor Science in Osteopathy (not practicing)

Master Science in Osteopathy

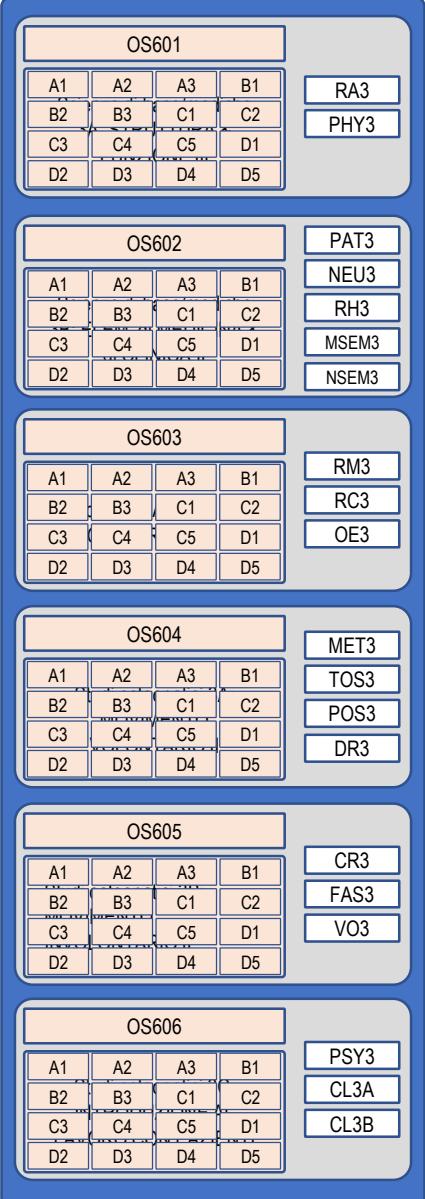
YEAR 1



YEAR 2

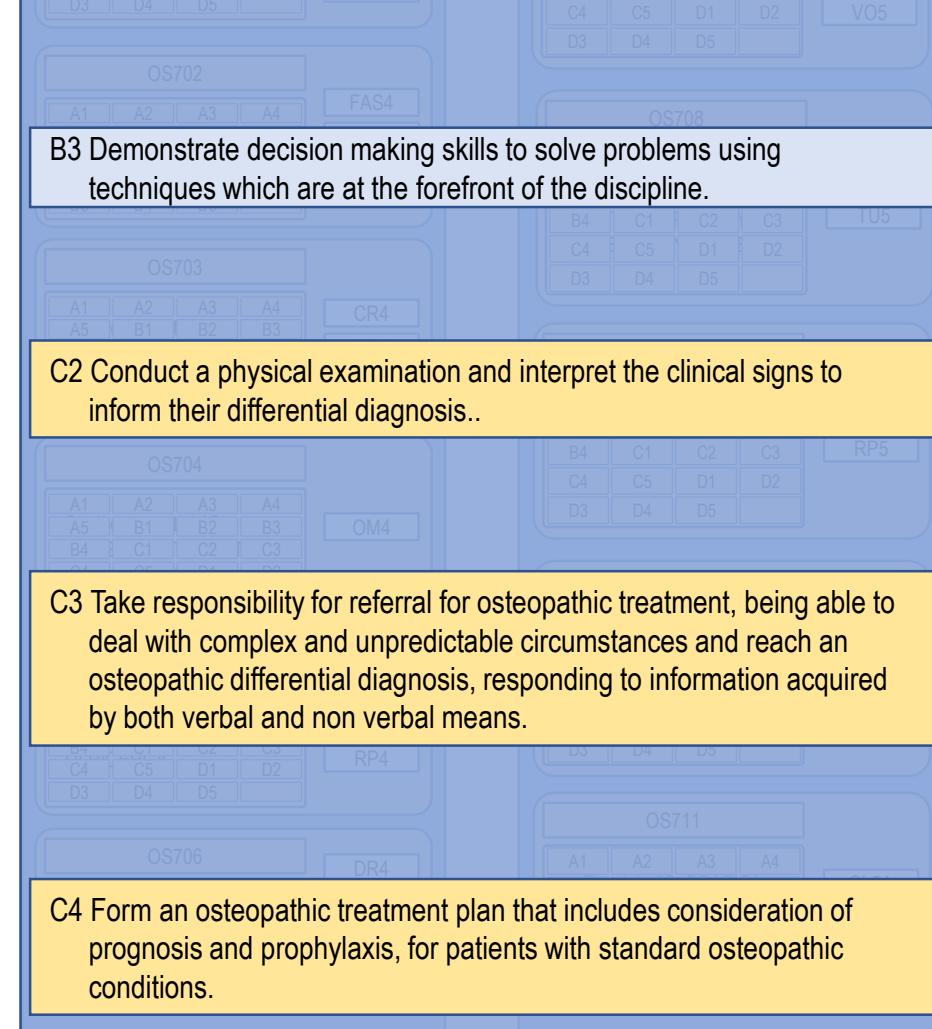


YEAR 3



YEAR 4

A3 Demonstrate an informed understanding of the physiological basis, therapeutic indications as well as contraindications of a range of osteopathic techniques.

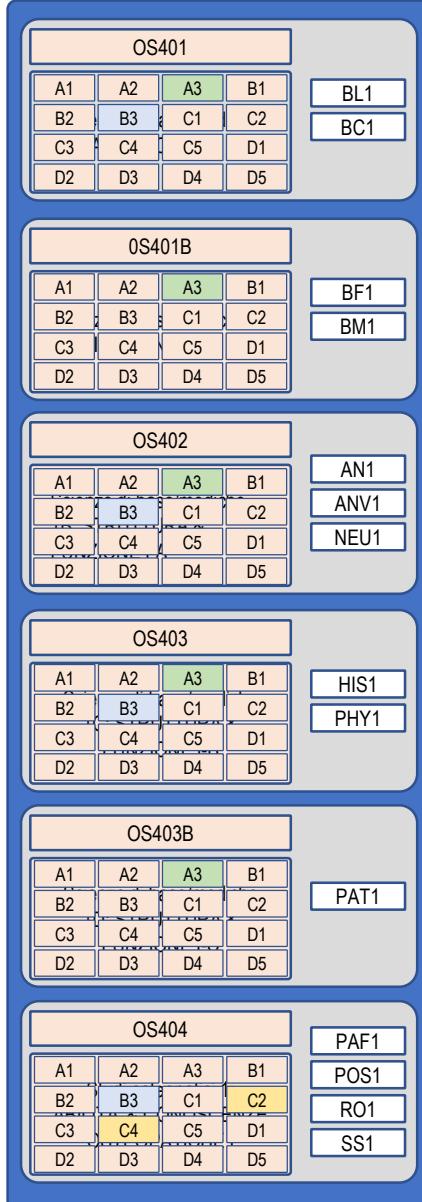


YEAR 5

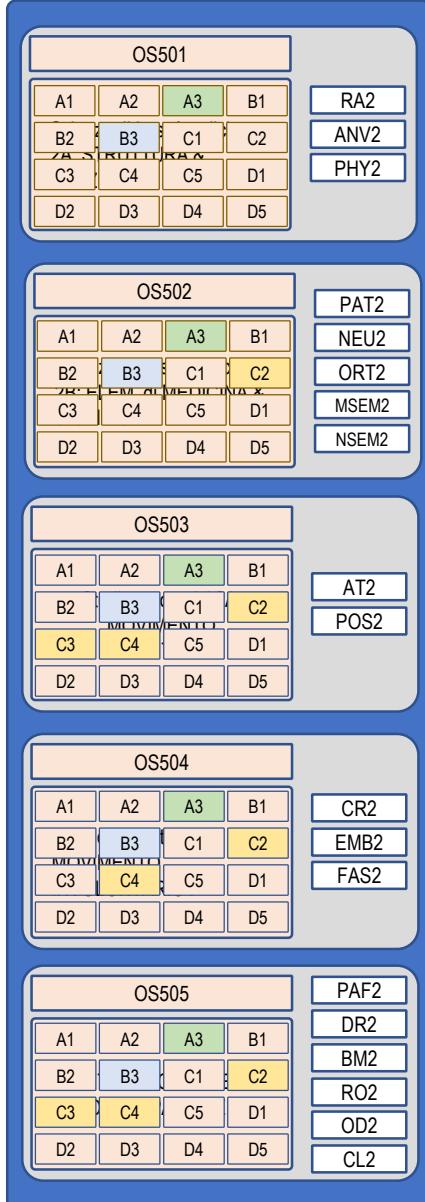
Master Science in Osteopathy

Bachelor Science in Osteopathy (not practicing)

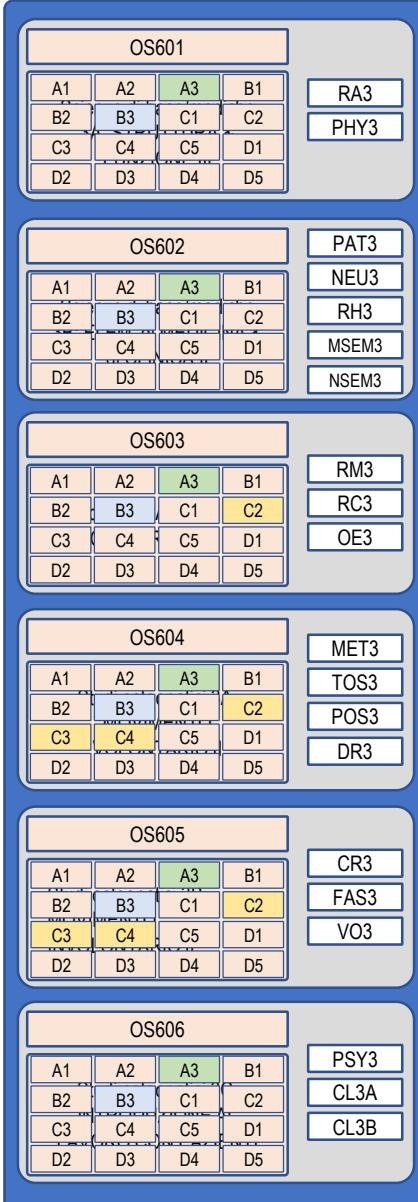
YEAR 1



YEAR 2

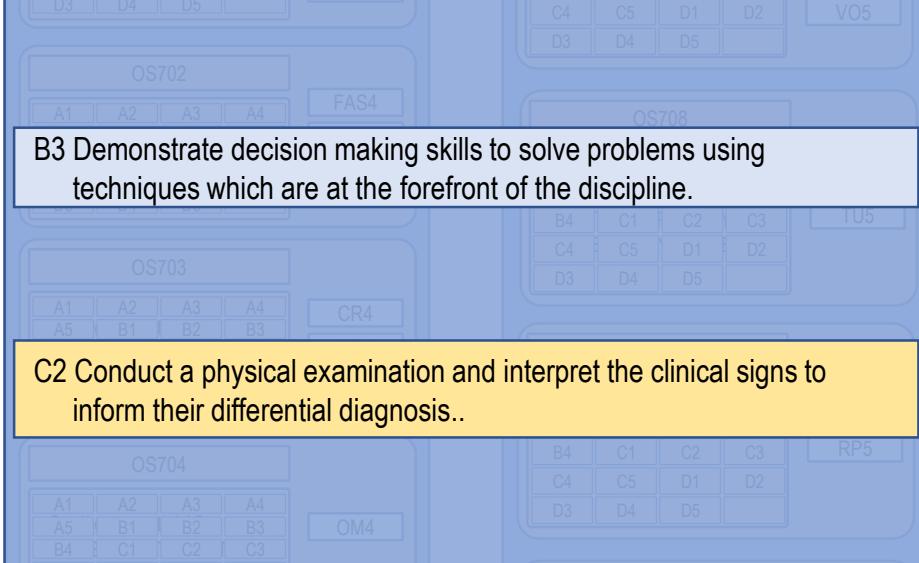


YEAR 3

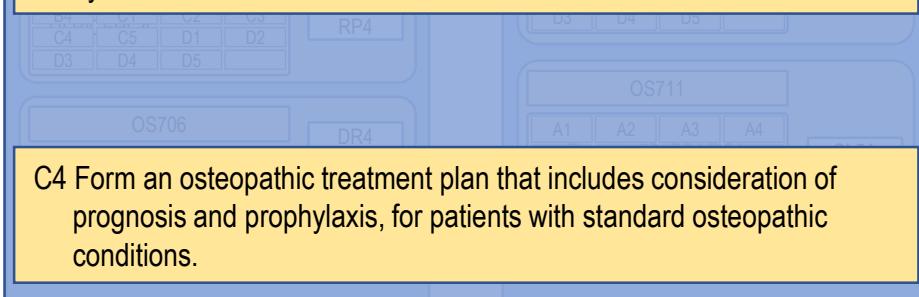


YEAR 4

A3 Demonstrate an informed understanding of the physiological basis, therapeutic indications as well as contraindications of a range of osteopathic techniques.



C3 Take responsibility for referral for osteopathic treatment, being able to deal with complex and unpredictable circumstances and reach an osteopathic differential diagnosis, responding to information acquired by both verbal and non verbal means.



YEAR 1

YEAR 2

YEAR 3

YEAR 4

YEAR 5

A1 Demonstrate detailed knowledge of the musculoskeletal and biomechanical, nervous, fascial, visceral and cranial systems of the human body, the integrated nature of their structure and function, and how they can be compromised in abnormal and pathological conditions of a complex nature

OS401B

A1	A2	A3	B1
B2	B3	C1	RF1
C3	C4	C5	D1
D2	D3	D4	D5

OS502

A1	A2	A3	B1
B2	B3	C1	AN1
C3	C4	C5	D1
D2	D3	D4	D5

OS402

A1	A2	A3	B1
B2	B3	C1	AN2
C3	C4	C5	D1
D2	D3	D4	D5

POS2

A1	A2	A3	B1
B2	B3	C1	AN3
C3	C4	C5	D1
D2	D3	D4	D5

OS403

A1	A2	A3	B1
B2	B3	C1	AN4
C3	C4	C5	D1
D2	D3	D4	D5

MET3

A1	A2	A3	B1
B2	B3	C1	AN5
C3	C4	C5	D1
D2	D3	D4	D5

OS403B

A1	A2	A3	B1
B2	B3	C1	AN6
C3	C4	C5	D1
D2	D3	D4	D5

CR2

A1	A2	A3	B1
B2	B3	C1	AN7
C3	C4	C5	D1
D2	D3	D4	D5

OS404

A1	A2	A3	B1
B2	B3	C1	AN8
C3	C4	C5	D1
D2	D3	D4	D5

EMB2

A1	A2	A3	B1
B2	B3	C1	AN9
C3	C4	C5	D1
D2	D3	D4	D5

OS405

A1	A2	A3	B1
B2	B3	C1	AN10
C3	C4	C5	D1
D2	D3	D4	D5

PAF2

A1	A2	A3	B1
B2	B3	C1	AN11
C3	C4	C5	D1
D2	D3	D4	D5

OS505

A1	A2	A3	B1
B2	B3	C1	AN12
C3	C4	C5	D1
D2	D3	D4	D5

DR2

A1	A2	A3	B1
B2	B3	C1	AN13
C3	C4	C5	D1
D2	D3	D4	D5

BM2

A1	A2	A3	B1
B2	B3	C1	AN14
C3	C4	C5	D1
D2	D3	D4	D5

PSY3

A1	A2	A3	B1
B2	B3	C1	AN15
C3	C4	C5	D1
D2	D3	D4	D5

YEAR 3

YEAR 4

YEAR 5

OS701

A1	A2	A3	A4
B2	B1	B2	B3
C4	C1	C2	C3
D3	D4	D5	

PHA4

COG4

CP4

REH4

OS702

A1	A2	A3	A4
B2	B1	B2	B3
C4	C1	C2	C3
D3	D4	D5	

FAS4

POS4

MET4

OS703

A1	A2	A3	A4
B2	B1	B2	B3
C4	C1	C2	C3
D3	D4	D5	

CR4

VO4

OS704

A1	A2	A3	A4
B2	B1	B2	B3
C4	C1	C2	C3
D3	D4	D5	

OM4

OS705

A1	A2	A3	A4
B2	B1	B2	B3
C4	C1	C2	C3
D3	D4	D5	

RM4

STA4

RP4

OS706

A1	A2	A3	A4
B2	B1	B2	B3
C4	C1	C2	C3
D3	D4	D5	

DR4

CAS4

CL4A

CL4B

OS711

A1	A2	A3	A4
B2	B1	B2	B3
C4	C1	C2	C3
D3	D4	D5	

CL5A

CL5B

YEAR 1

YEAR 2

YEAR 3

YEAR 4

YEAR 5

A1 Demonstrate detailed knowledge of the musculoskeletal and biomechanical, nervous, fascial, visceral and cranial systems of the human body, the integrated nature of their structure and function, and how they can be compromised in abnormal and pathological conditions of a complex nature

B2 Critically evaluate current research and methods, review data and evaluate outcomes of clinical interventions, in order to propose new hypotheses

C1 Take, record and interpret a case history and effectively communicate relevant findings to colleagues and other health care professionals.

C2 Conduct a physical exam. using accepted osteopathic and orthodox procedures of observation, testing and palpation, and interpret the findings.

C3 Reach an osteopathic differential diagnosis, responding to information acquired by both verbal and non-verbal means.

D3 Manage time, prioritise workloads, recognise and deal with personal emotions and stress and demonstrate decision making in complex and unpredictable situations

YEAR 4

OS701

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

PHA4

COG4

CP4

REH4

OS702

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

FAS4

POS4

MET4

OS703

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

CR4

VO4

OS704

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

OM4

OS705

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

RM4

STA4

RP4

OS706

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

DR4

CAS4

CL4A

CL4B

OS707

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

POS5
CR5
FAS5
VO5

OS708

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

OM5
TU5

OS709

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

RM5
RP5

OS710

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

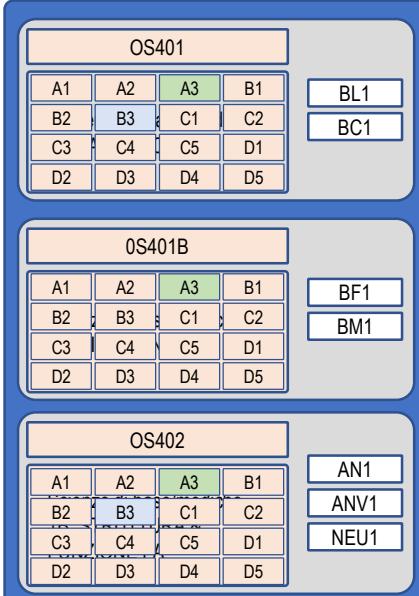
AUT5
CAS5

OS711

A1	A2	A3	A4
A5	B1	B2	B3
B4	C1	C2	C3
C4	C5	D1	D2
D3	D4	D5	

CL5A
CL5B

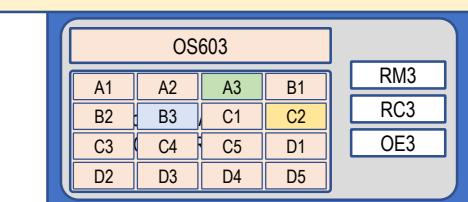
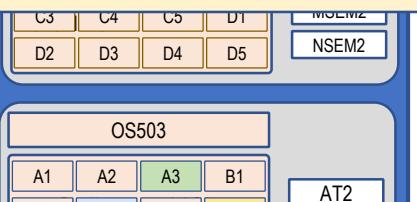
YEAR 1



Transparency and dissemination of curriculum key features

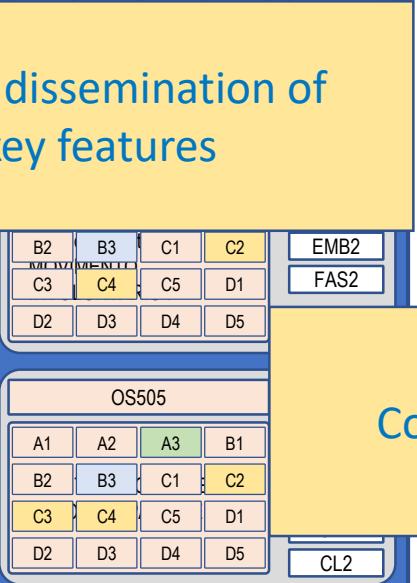
YEAR 2

The experience of Implementing this curriculum has taught us to keep an eye on some possible key issues



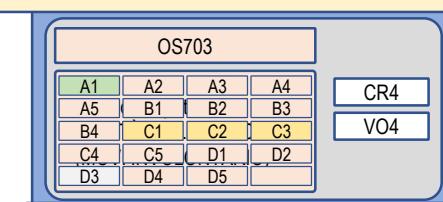
Consensus and sharing in faculty

YEAR 3

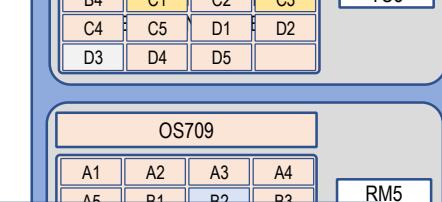


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YEAR 4



Coherence of content, delivery and assessments



Transparency and dissemination of curriculum key features

Management

Faculty

Is top-down communication efficient about Curriculum?

Formally trained

Not formally trained

Are faculty member sufficiently trained to effectively adopt
the curriculum?

Consensus and sharing in faculty

Academy

Clinical

Are tests and diagnostic procedures, taught in academia,
used and supervised during clinical training?

EBM

Tradition

Is situated learning, occurring in clinical training, informed
by balanced relationship between evidences and
supervisors' clinical experiences?

Coherence of content, delivery and assessments

Reproducibility

Appropriateness

Is assessment strategy sufficiently standardized to be fair?
Even when subjective evaluation (palpation) is involved?

Content Syl.

Competencies Syl.

Must pathophysiology be taught and learnt or symptoms
and signs able to inform a diagnostic decision are
sufficient?

Transparency and dissemination of curriculum key feat.

Management ↔ Faculty

Formally trained ↔ Not formally trained

Consensus and sharing in faculty

Academy ↔ Clinical

EBM ↔ Tradition

Coherence of content, delivery and assessments

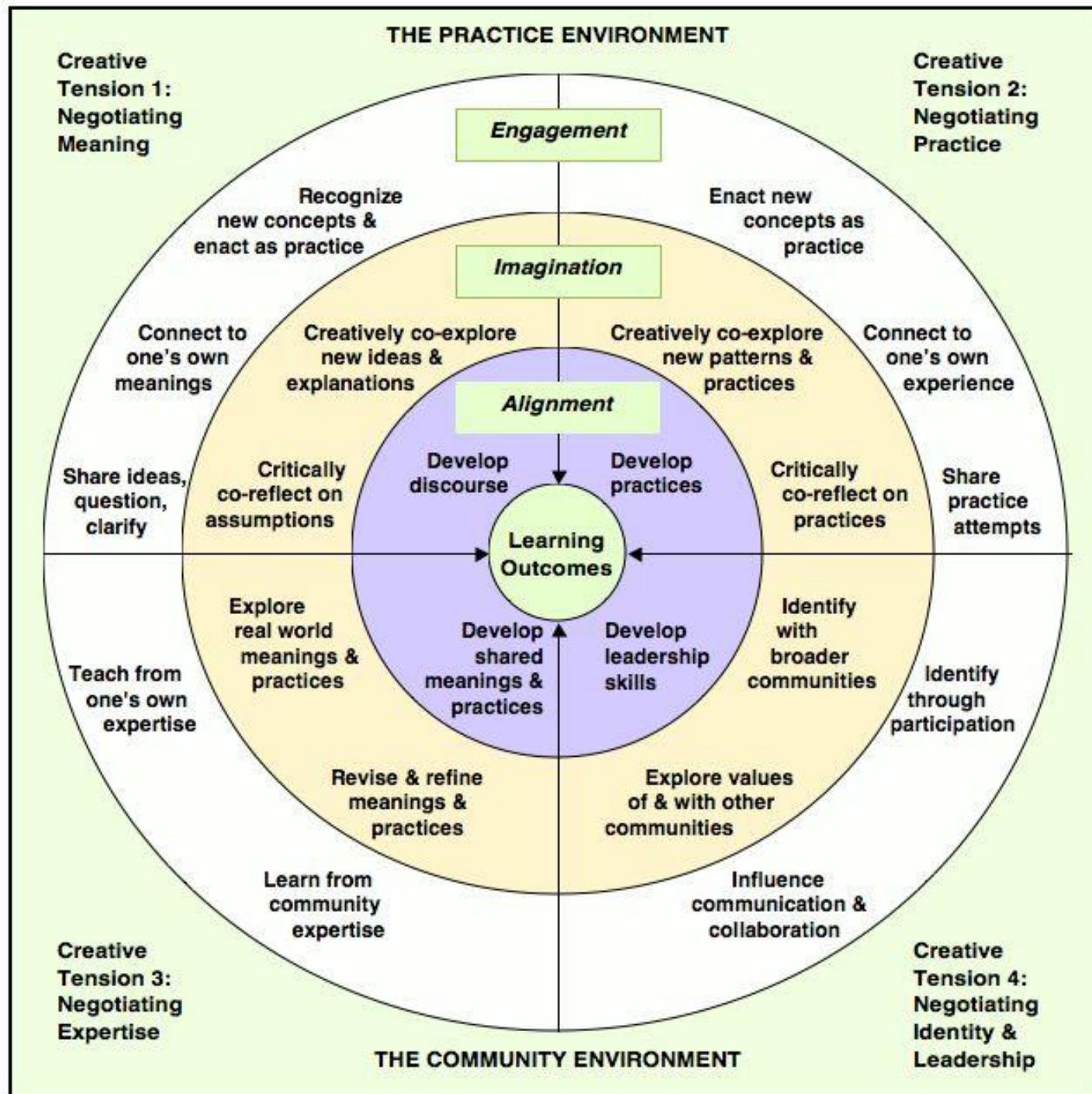
Reproducibility ↔ Appropriateness

Content Syl. ↔ Competencies Syl.

Solutions?



" IT LOOKS LIKE BLOOD TASTES
LIKE RIBENA, I JUST HOPE
IT GETS ME DRUNK "



Cultivating communities of practice

a quick start-up guide

by Etienne Wenger

Where to start?

educate

Communities of practice are a familiar experience, but people need to understand how they fit in their work.

- Conduct workshops to educate management and potential members about the approach
- Help people appreciate how communities of practice are inherently self-defined and self-managed
- Establish a language to legitimize communities and establish their place in the organization

support

Communities of practice can use some light-handed guidance and technology infrastructure.

- Provide some process support, coaching, and logistic assistance
- Identify needs and define adequate infrastructure without undue emphasis on fancy technology

set strategic context

A strategic context lets communities find a legitimate place in the organization

- Articulate a strategic value proposition
- Identify critical business problems
- Articulate need to leverage knowledge

get going

Starting to cultivate communities of practice as early as possible creates early examples that allow people to learn by doing.

- Have a few pilot communities going as soon as possible
- Find communities to start with by identifying areas where there is potential and readiness
- Interview some prospective members to understand issues, start discussing a community, and identify potential leaders
- Gather a core group to prepare and initiate a launch process
- Help members organize an initial series of value-adding activities
- Encourage them to take increasing responsibility for stewarding their knowledge

What elements to develop?

Domain: the definition of the area of shared inquiry and of the key issues

Community: the relationships among members and the sense of belonging

Practice: the body of knowledge, methods, stories, cases, tools, documents

integrate

The formal organization must have processes and structure to include these communities while honoring their root in personal passion and engagement.

- Integrate communities in the way the organization works
- Identify and remove obvious barriers
- Align key structural and cultural elements

Why focus on communities of practice?

short-term value

long-term value

members

- help with challenges
- access to expertise
- confidence
- fun with colleagues
- meaningful work

- personal development
- reputation
- professional identity
- network
- marketability

organization

- problem solving
- time saving
- knowledge sharing
- synergies across units
- reuse of resources

- strategic capabilities
- keeping abreast
- innovation
- retention of talents
- new strategies

What are some critical success factors?

community

- Domain that energizes a core group
- Skillful and reputable coordinator
- Involvement of experts
- Address details of practice
- Right rhythm and mix of activities

organization

- Strategic relevance of domain
- Visible management sponsorship, but without micro-management
- Dance of formal and informal structures
- Adequate resources
- Consistent attitude

THANKS FOR THE ATTENTION!

ENJOY AND SHARE THESE TWO
DAYS!!!!